

CURRICULUM VITAE

Kevin M. Cronin, P.T., A.T.C., J.S.C.C.

EDUCATION:

B.S. in Physical Therapy, 1980
Northwestern University Medical School Programs in Physical Therapy
Chicago, Illinois

B.S. in Physical Education / Athletic Training, 1979
Northern Illinois University
DeKalb, Illinois

CERTIFICATION:

Certified in Jones Strain Counterstrain, August 2003

Certified in Active Release Technique for the Spine, December 2009

EMPLOYMENT:

Advanced Rehabilitation Clinics, Inc.

Elmhurst, Chicago, Woodridge, Lisle, and Westmont, Illinois
President/C.E.O.

January 1996 – present

Outpatient physical therapy private practice

Governors State University, Dept. of Physical Therapy

Adjunct Faculty Member, Orthopedic Section

Strain/Counterstrain Course Instructor

October 2010 - present

Chicagoland Physical Therapy Services, Ltd.

Darien, Illinois

President

May 1994 – January 1996

Management / Consulting

Sunport Medical Corporation

San Antonio, Texas

Contract Physical Therapy Services

Bone and Joint Surgeon, Ltd.

Olympia Fields, Illinois

Private Practice

Caremark

Chicago, Illinois

Facility Manager

December 1993 – May 1994

Certified Physical Therapy Services, Ltd.

Chicago, Illinois

Vice-President

Director of Physical Therapy

November 1982 – December 1993

Clinician and consultant in physical therapy services.

Director of four (4) outpatient physical therapy facilities. Supervision and management of all clinic-related matters. Responsibilities included: fiscal planning (budget), personnel decisions (recruiting, hiring, performance review, and salary increase), professional staff development, clinical program development and implementation, marketing to physicians, maintaining physician referral sources, acquiring/negotiating managed care contracts, clinical research, and limited patient care.

Consultant to Chicago Police Department
Safety System Advisory Board (1986-1994).

Consultant to insurance industry (claims review).

Consultant to private practice and group practice physical therapy.

Physical Therapy Services, Ltd.

Chicago, Illinois

Facility Manager

November 1980-November 1982

Supervision of clinical facility, staff, and student interns.
Patient care.

LECTURES/PRESENTATIONS:

Fascial Counterstrain: A New Evaluation and Treatment Approach to Reduce Inflammation, Muscle spasm, and Pain, Lecturer, National Athletic Trainer's Association Annual Meeting and Clinical Symposium, New Orleans, Louisiana, June 2018.

Fascial Counterstrain for the Cervical Spine, Lecturer and Lab Instructor, Illinois Physical Therapy Association Annual Meeting and Symposium, St. Charles, Illinois, April 2017.

Fascial Counterstrain for the Nervous System 2, Lower Body, Guest Lecturer/Lab Instructor, Westmont, Illinois, October 2016

Fascial Counterstrain for the Nervous System 1, Upper Body and Cranium, Guest Lecturer/Lab Instructor, Westmont, Illinois, July 2016.

Strain Counterstrain IV, Facilitated SCS & Rx Strategies Update, Guest Lecturer/Lab Instructor, Elmhurst, Illinois, October 2015.

Strain and Counterstrain III, Advanced with Cranials, , Guest Lecturer/Lab Instructor, Elmhurst, IL, October 2014

Concepts in Strain Counterstrain a Four Hour Workshop, Lecturer and Lab Instructor, Great Lakes Athletic Trainers Association Annual Meeting and Symposium, Wheeling, Illinois, March 2012.

Introduction to Strain/Counterstrain, Adjunct Faculty Lectures/Labs, Governors State University Physical Therapy Program, University Park, Illinois, October-November 2012

Introduction to Strain/Counterstrain, Adjunct Faculty Lectures/Labs, Governors State University Physical Therapy Program, University Park, Illinois, October-November 2011

Juicing 101, Introduction to Juicing for Health, Guest Lecturer, various corporate entities, Chicago, Illinois, 2010-present.

Introduction to Strain/Counterstrain, Adjunct Faculty Lectures/Labs, Governors State University Physical Therapy Program, University Park, Illinois, October-November 2010

Current Trends in Sportsmedicine, Lecturer, Lab Instructor at Aurora University Continuing Education Seminar, Aurora, Illinois, January 2010.

No Drugs, No Surgery, No Pain (with Strain/Counterstrain), Guest Lecturer, various corporate entities, Chicago, Illinois, 2009-present.

Total Motion Release, Checking and Correcting Your Own Alignment, Guest Lecturer, various corporate entities, Chicago, Illinois, 2009-present.

Desktop Fitness, The One Minute Muscle Manager, Guest Lecturer, various corporate entities, Chicago, Illinois, 2009-present.

Concepts in Strain/Counterstrain, Lecturer, Lab Instructor at the Illinois Athletic Trainers Association State Meeting, Lisle, Illinois, November 2009.

Concepts in Strain/Counterstrain, Lecturer, Lab Instructor at the Illinois Physical Therapy Association Fall Conference, Bloomington, Illinois, September 2009.

Strain Counterstrain for the Lower Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, July 2009.

Strain Counterstrain for the Upper Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, September and May 2009.

Musculoskeletal Pain Solutions, Guest Lecturer, Woodridge Rotary, Woodridge, Illinois, December 2008.

Desktop Fitness, The One Minute Muscle Manager, Guest Lecturer, United Airlines Employees, Chicago, Illinois, October 2008.

Strain Counterstrain for the Upper Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, July and March 2008.

Strain Counterstrain for the Lower Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, September and May 2008.

Strain Counterstrain for the Upper Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, July and March 2007.

Strain Counterstrain for the Lower Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, September and May 2007.

Neuromuscular Evaluation and Treatment of the Lower Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, November, July, and March 2006.

Neuromuscular Evaluation and Treatment of the Upper Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, September, May, and January 2006.

Desktop Fitness, The One Minute Muscle Manager, Guest Lecturer to Corn Products, Inc. employees, Westchester, Illinois, October 2006.

Strain Counterstrain for the Upper Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, May 2005.

Strain Counterstrain for the Lower Quarter, Lecturer, Lab Instructor at Rehab Connections, Homer Glen, Illinois, July 2005.

Neuromuscular Treatment Approaches for Athletic Injuries, Chicago Sports Medicine Society, Lombard, Illinois, November 2004.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Waterford, Wisconsin, September 2003.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Lake Forest, Illinois, May 2003.

Case Management Seminar, Guest Lecturer, How Strain and Counterstrain Can Decrease Total Claim Costs, Advanced Rehabilitation Clinics, Inc. Elmhurst, Illinois, June 2003.

Strain and Counterstrain II, The Extremities, Guest Lecturer/Lab Instructor, Novi, Michigan, December 2002.

Strain and Counterstrain for Athletic Trainers, Lecturer, Chicago, Illinois, December 2002.

Strain and Counterstrain II, The Extremities, Guest Lecturer/Lab Instructor, Detroit, Michigan, November 2002.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Cincinnati, Ohio, May 2001.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Lake Forest, Illinois, March 2001.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Philadelphia, Pennsylvania, February 2001.

Evaluation and Treatment of Primary Muscle Dysfunction, Guest Lecturer, Rehabilitation Services Network Case Management Seminar, Elmhurst, Illinois, 2001.

Functional Capacity Evaluation – The Isernhagen System, Guest Lecturer, Rehabilitation Services Network, Elmhurst, Illinois, 2001.

Case Management Seminar, Guest Lecturer, Rehabilitation Services Network, Chicago, Illinois, 2000.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Brookfield, Wisconsin, October 2000.

Evaluation and Treatment of the Hip, Pelvis, and Lumbar Spine, Lecturer/Lab Instructor, Chicago, Illinois, May 2000.

Advanced Strain and Counterstrain Techniques, Lecturer/Lab Instructor, Chicago, Illinois, December 1999.

Strain and Counterstrain for the Foot, Ankle, and Knee, Lecturer/Lab Instructor, Elmhurst, Illinois, June 1999.

Strain and Counterstrain for the Thoracic Spine and Ribs, Lecturer/Lab Instructor, Chicago, Illinois, May 1999.

Strain and Counterstrain for the Cervical Spine, Lecturer/Lab Instructor, Elmhurst, Illinois, April 1999.

Strain and Counterstrain for the Posterior Hip, Pelvis, and Low Back, Lecturer/Lab Instructor, Chicago, Illinois, April 1999.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Madison, Wisconsin, April 1999.

Strain and Counterstrain for the Anterior Hip, Pelvis, and Low Back, Lecturer/Lab Instructor Chicago, Illinois, March 1999.

Strain and Counterstrain I, The Spine, Guest Lecturer/Lab Instructor, Minneapolis, Minnesota, September 1998.

Evaluation and Treatment of Primary Muscle Dysfunction and Post-op, Rehabilitation for Spinal Fusion, Guest Lecturer, Rehabilitation Services Network Industrial Medicine Seminar, Chicago, Illinois, July 1997.

Injury Prevention and Stretching, Chicago Area Runners Association Running 101 Clinic, Hosted by Rehabilitation Services Network, Park Ridge, Illinois, May 1997.

Injury Prevention and Stretching, Chicago Area Runners Association Running 101 Clinic, Hosted by Rehabilitation Services Network, Elmhurst, Illinois, March 1997.

Strain & Counterstrain for the Shoulder, Midwest Orthopedics Sports Medicine Seminar, Oak Park, Illinois, December 1996.

Evaluation and Treatment of Primary Muscle Dysfunction on the Anterior Lumbar Spine, Hip, and Pelvis, Continuing Education Seminar Series, Chicago, Illinois, October 1996.

Evaluation and Treatment of Primary Muscle Dysfunction of the Posterior Lumbar Spine, Hip, and Pelvis, Continuing Education Seminar Series, Chicago, Illinois, September 1996.

Evaluation and Treatment of Primary Muscle Dysfunction of the Shoulder, Continuing Education Seminar Series, Chicago, Illinois, August 1996.

Strain & Counterstrain Techniques for the Cervical and Thoracic Spines, Guest Lecturer/Lab Instructor, Chicagoland Orthopedic Physical Therapy Study Group, Chicago, Illinois, August 1995.

Introduction to Strain & Counterstrain, Lab Instructor, Given by Jones Institute, Dayton, Ohio, June 1994.

Introduction to Strain & Counterstrain, Lab Instructor, Given by Jones Institute and University of Illinois at Chicago, Chicago, Illinois, August 1993.

Assessment and Treatment of the Low-Back Injured Athlete, C.P.T.S./North Central College Continuing Education Seminar, Chicago, Illinois, May 1993.

Introduction to Physical Therapy and Rehabilitation, Lecturer to Rush-Presbyterian St. Luke's Medical Center Orthopedics Residents, Chicago, Illinois, February 1991.

Isometric Lift Testing of Injured Workers, Symposium on the Prevention and Treatment of Low Back Injuries in the Workplace, Barcelona, Spain, December 1989.

Ergonomics as an Evaluation Tool, Central States Occupational Medical Association, Chicago, Illinois, 1987.

Pre-season Conditioning for Skiers, Rush-Presbyterian St. Luke's Medical Center Ski Club, Chicago, Illinois, 1987.

Maintaining a Healthy Back, River City Health Club, Chicago, Illinois, 1986.

Low Back Injury Prevention, AT&T Personnel Department, Chicago, Illinois, 1984.

Low Back Injury Prevention, Rush-Presbyterian St. Luke's Medical Center, Employee Health Department, Chicago, Illinois, 1984.

Extremity Manual Therapy and Mobilization, Physical Therapy Department, Rush-Presbyterian St. Luke's Medical Center, Chicago, Illinois, 1984.

Management of Ankle Injuries in Athletics, Chicago Area High School Athletic Directors, Coaches, Athletic Trainers, and School Nurses, Rush-Presbyterian St. Luke's Medical Center, Chicago, Illinois, 1983.

PUBLICATIONS:

Cronin, K.M., Recipe For Success: Is the Neuromuscular Approach to Painful Soft Tissue Conditions the Missing Ingredient in Physical Therapy? M.D. News Magazine, October 2007.

Cronin, K.M., Desktop Fitness. Conscious Choice Magazine, Volume 16, Number 4, April 2003.

Cronin, K.M., No Proper Sleep...No Health and Wellness...Know Proper Sleep...Know Health and Wellness. Conscious Choice Magazine, Volume 16, Number 3, March 2003.

Cronin, K.M., You Are What You Drink: Healthy Water Solutions-2 Part Series. Conscious Choice Magazine, Volume 16, Number 2, February 2003.

Cronin, K.M., Healthy Advice for Navigating the Hazards of an Active Lifestyle. Conscious Choice Magazine, Volume 16, Number 1, January 2003.

Cronin, K.M., Living Well. Conscious Choice Magazine, Volume 15, Number 12, December 2002.

Cronin, K.M., Take the Strain Out of Chronic Pain: Strain and Counterstrain for the Masses. Conscious Choice Magazine, Volume 15, Number 11, November 2002.

Cronin, K.M., A Strain and Counterstrain Odyssey. Conscious Choice Magazine, Volume 15, Number 10, October 2002.

“Surface-Integrated Electromyography in Evaluation and Treatment.” Work Injury Management Newsletter, Volume 2, Number 4, July/August 1993.

Dillard, J., D.C., Trafimow, J., M.D., Andersson, G.B.J., M.D., Ph.D., and Cronin, K.M., P.T., “Motion of the Lumbar Spine: Reliability of Two Measurement Techniques.”

Cronin, K.M., Beautiful Breast Through Exercise. An Instructional booklet of Exercise for Patients Undergoing Submuscular Implantation. Certified Physical Therapy Services, Ltd., Chicago, Illinois 1992.

Cronin, K.M., “The Neck School.” Certified Physical Therapy Services, Ltd., Chicago, Illinois 1986. (video tape production)

Cronin, K.M., “The Shoulder School.” Certified Physical Therapy Services, Ltd., Chicago, Illinois 1986. (video tape production)

Sheinkop, M.B., Cronin, K.M., Downhill Skiing Fitness. Certified Physical Therapy Services, Ltd., Chicago, Illinois 1986.

Cronin, K.M., “The Daily Living Back School.” Certified Physical Therapy Services, Ltd., Chicago, Illinois 1986 (video tape production)

Cronin, K.M., “Back for the Future.” (Low Back Injury Prevention). Rush-Presbyterian St. Luke’s Medical Center Employee Health Newsletter, Volume 1, Number 4, Fall 1985.

Cronin, K.M., Maintaining a Healthy Back. Certified Physical Therapy Services, Ltd., Chicago, Illinois 1984.

PROFESSIONAL AFFILIATIONS:

American Physical Therapy Association

Illinois Physical Therapy Association (IPTA)

I.P.T.A./I.A.T.A. Clinic/Industrial Trainer Liaison Committee, 1990-1993.

National Athletic Trainers Association (NATA)

Illinois Athletic Trainers Association (IATA)

American College of Sports Medicine

Chicagoland Orthopedic Physical Therapy Study Group

PROFESSIONAL CONTINUING EDUCATION:

Counterstrain Academy Mastery Level Training Module 3, The Lymphatic/Venous System, Elmhurst, Illinois, October 2019

Fascial Counterstrain for the Musculoskeletal System, Part 3, Frederick, Maryland, July 2019

Counterstrain Academy Mastery Level Training Module 1, The Cranial Scan, Elmhurst, Illinois, January/February 2019

Fascial Counterstrain for the Musculoskeletal System, Part 2, Frederick, Maryland, April 2018

Fascial Counterstrain for the Musculoskeletal System, Part 1, Frederick, Maryland, March 2017

Fascial Counterstrain for the Nervous System 2, Lower Body, Frederick, Maryland, April 2016

Fascial Counterstrain Intro., Westmont, Illinois, July 2015

Fascial Counterstrain for the Nervous System 1, Upper Body and Cranium, Frederick, Maryland, April 2014

Fascial Counterstrain LV for the Lymphatic-Venous Systems, Green Bay, Wisconsin, February 2013.

Medicare Enrollment and Revalidation, American Physical Therapy Association Audio Conference, October 2012.

Fascial Counterstrain for the Arterial System, Westmont, Illinois, July 2012.

Great Lakes Athletic Trainer's Association Winter Meeting and Clinical Symposium, Chicago, Illinois, March 2012

Websites and Internet Marketing Systems, APTA Private Practice Section Webinar, January 2011.

Introduction to Vestibular Rehabilitation & Fall Prevention, Chicago, Illinois, December 2009.

Active Release Technique for the Spine, Chicago, Illinois, December 2009

Strain Counterstrain for the Visceral/Lymphatic Systems, Elmhurst, Illinois, September 2009.

Spinal Manipulation: An Art or a Science, Chicago, Illinois, February 2009.

Sports Medicine Seminar, Osteopathic Manipulative Treatment for Injured Athletes, Winnetka, Illinois, January 2009.

Orthopedic Physical Assessment: The Spine, Online Continuing Education Coursework, November 2008.

American Physical Therapy Association, Audio Conference, PQRI in 2008: New Ways to Qualify for 1.5% Bonus, January 2008.

Strain Counterstrain IV, Facilitated SCS & Rx Strategies Update, Chicago, Illinois, October 2007.

Total Motion Release-Level 1, Raleigh, North Carolina, November 2006.

Illinois Physical Therapy Association, Fall Conference 2006, Chicago, Illinois, October 2006.

Segmental Spinal Stabilization: an Evidenced-Based Approach, Chicago, Illinois, December 2005.

Strain Counterstrain 50th Anniversary-Review and Fine-Tune, Costa Rica, November 2005.

Strain Counterstrain IV, Facilitated SCS and Treatment Strategies, Minneapolis, Minnesota, July 2004.

Jones Strain and Counterstrain Certification, San Diego, California. September 2003.

Fitness and Wellness, Baltimore, Maryland, September 2002.

Kinesiotaping Techniques, Lake Forest, Illinois, March 2001.

Midwest Orthopedics Sports Medicine Seminar Series, Oak Park, Illinois, December 1999.

Strain and Counterstrain III, Advanced with Cranials, San Antonio, Texas, October 1998.

Mulligan Concept-Mobilization with Movement, Toronto, Canada, October 1997.

Workers Compensation and Fitness: Developing a Program. Club Industry 1996. Chicago, Illinois, November 1996.

Conservative & Surgical Treatment of Lumbar Intervertebral Disc Disorders, Forest Hills Institute for Back Pain Inc., C.K. Feranado, M.A., F.A.A.P.M., P.T., June 1994.

Strategies for Practice Growth in a Managed Care Environment. Private Practice Section of the A.P.T.A., March 1994.

Advanced Strain/Counterstrain Techniques. Lawrence Jones, D.O., F.A.A.O. and Randall Kusonose, P.T., O.C.S., 1993.

Functional Orthopedics I. Cheryl Wardlaw, M.M. Sc., P.T. and Paul Abler, P.T., O.C.S., 1992.

Introduction to Strain/Counterstrain. Lawrence Jones, D.O., F.A.A.O., 1992.

Introduction of Muscle Energy (Muscle Energy I) and Advanced Muscle energy (Muscle Energy II) Carol Gordon, P.T., 1991.

Treatment of TMJ and Cervical Spine Disorders. Mariano Racobado, P.T., 1991.

Isostation B-200 Training Course. Isotechnologies, Inc., 1990.

Introduction to Craniosacral Therapy. The Upledger Institute, 1989.

Aggressive Treatment of the Lumbopelvic Complex. David Feiza, P.T., Jerry Sullivan, P.T., 1987.

Medical Exercise Therapy. O. Grimsby, P.T., 1986.

Advanced Evaluation and Manipulation of the Craino-Facial, Cervical and Upper Thoracic Spines. S. Paris, Ph.D., P.T., 1986.

Introduction to Spinal Evaluation and Manipulation. K. Patla, M.S., P.T., 1985.

Work Tolerance Testing. L. Mathieson, Ph.D., 1984.

Isokinetic Testing and Rehabilitation of Back Disability. D. Hillery, 1984.

Challenge of the Lumbar Spine. J. Finnerman, M.D., 1983.

Back Injury Prevention and First Aid Management. R. Porter, P.T., 1983.

Evaluation and Management of Mechanical Lumbopelvic Dysfunction. J. Porterfield, P.T., 1983.

Cybox Isokinetic Workshop, G. Davies, P.T., 1982.

Low Back Pain: Scientific Treatment Approach. S. Burhart, P.T., 1982.

Lumbo/Sacroiliac Acutherapy, Applied Kinesiology. D. Sople, D.Ac., 1981.

PUBLISHED RESEARCH:

Dillard, J., D.C., Trafimow, J., M.D., Andersson, G.B.J., M.D., Ph.D., and Cronin, K.M., P.T., "Motion of the Lumbar Spine: Reliability of Two Measurement Techniques."